

PROTECT YOURSELF AND OTHERS



Keep your distance.



Recommendation: If it's not possible to keep your distance, wear a mask.



Continue to work from home if possible.



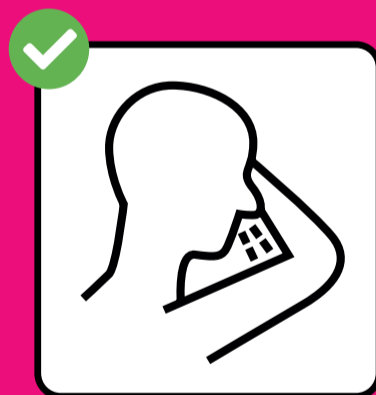
STILL IMPORTANT:



Wash your hands thoroughly.



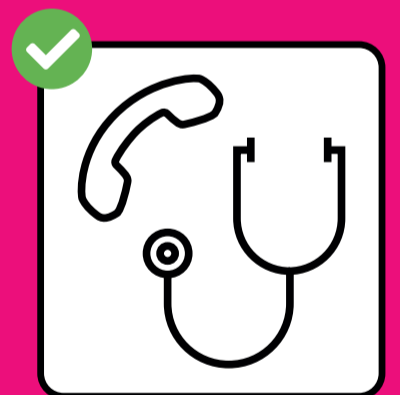
Avoid shaking hands.



Cough and sneeze into a tissue or the crook of your arm.



Stay at home if you experience symptoms.



Always call ahead before going to the doctor's or the emergency department.

www.foph-coronavirus.ch



Schweizerische Eidgenossenschaft
Confédération suisse
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Bundesamt für Gesundheit BAG
Office fédéral de la santé publique OFSP
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